

Informed Consent for Breast Lymph Drainage & Massage

The State of Texas requires the written consent of the client to do breast lymph drainage and massage. If you are **uncomfortable at any time, for any reason**, you may ask the therapist to **stop** the massage.

I would be comfortable in receiving (*please check*):

- I would like a demonstration of the technique. (*no nudity*)
- I would like to remain draped and have the therapist work with me through the draping.
- I am comfortable having the therapist work under the draping with her hands directly on the breast while performing lymph drainage/massage.
- Ayurvedic postpartum massage (abhyanga) includes light, warm oil massage of the undraped breast.

Client Signature _____ Date _____
Therapist Signature _____ Date _____