

## Informed Consent for Breast Lymphdrainage/Massage

The State of Texas requires the written consent of the client to do breast lymphdrainage and massage. If you are **uncomfortable** at any time, for any reason, you may ask the therapist to **stop** the massage.

There are various levels of comfort in receiving breast massage. Please check the statements that you feel comfortable with.

- I would like the therapist to demonstrate the technique for me while wearing the lymphdrainage T-shirt.
- I would like to remain clothed or draped and have the therapist work with me through the clothing or draping.
- Clothed  Draped
- I am comfortable having the therapist work under the draping with her hands directly on the breast while performing lymphdrainage/ massage.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_  
Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_